

**LEARN FROM THE BEST IN THE WORLD!**



**Recreational  
Singles Track**

**Ice Dance  
Track**

Home of Champions  
Presents the

**Competitive  
Singles Track**

**New & Improved  
Pairs Track**

**2006**

**ADULT TRAINING CAMP**

June 30 – July 2

starring



**EMILY HUGHES**

US National Bronze Medalist  
2006 World & Olympic Team Member



**CRAIG MAURIZI**

Coach for 1998 Olympic Champion  
Tara Lipinski



**MARCY HINZMANN  
&  
AARON PARCHEM**

2006 US Olympic Team Members  
US National Silver Medalists



**VAKHTANG MURVANIDZE**

4 Time World Competitor

2 Time Olympian



**ELIZABETH PUTNAM  
&  
SEAN WIRTZ**

Canadian Bronze Medalists

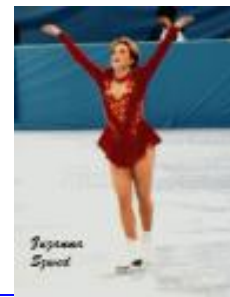
ISU Four Continents Bronze Medalists



**NAOMI LANG  
&  
PETER TCHERNYCHEV**

5 Time US National Champions

US World & Olympic Team Members



**ZUZANNA SZWED**

World & Olympic  
Choreographer

5 Time Polish  
Champion

**“HOME OF CHAMPIONS”**  
**ADULT TRAINING CAMP**  
**JUNE 30 – JULY 2, 2006**

**The Ice House is very pleased to announce the 5<sup>th</sup> annual Adult Training Camp. The Ice House Figure Skating Team has produced a myriad of World and Olympic competitors in a relatively short time. Since it's inception in 1999 the Ice House has sent eleven skaters to the Olympic Games from Naomi Lang and Peter Tchernychev and Kyoko Ina and John Zimmerman to Olympic Champions Elena Bereznaiia and Anton Sikharulidzen and Sarah Hughes.**

**Now it's your chance to gain some of the insights and training tips our skaters have received! You will be coached by some of the top names in figure skating including World and Olympic Coach Craig Maurizi – Director of Figure Skating at the Ice House and coach to 1998 Olympic Champion Tara Lipinski.**

**This Camp is for Everybody**

*We break down all of our skaters into groups of equal proficiency. We teach beginners who are learning to go backward to Adult National competitors working on triples. We have a very large staff to accommodate everybody! Get coaching from “skating's royalty” as one past participant commented. We will be offering a new and varied format for our skaters.*

**Competitive Singles Track**

*New this year is a Camp designed for the “serious” adult skater. We will focus on challenging the skater on ice with tips on learning new jumps, spins and, back by popular demand, is a choreography workshop hosted by World & Olympic choreographers Peter Tchernychev and Zuzanna Szwed. Maximizing your component scores as well as supplying additional information on the new judging system, which will be implemented by US Figure Skating for the 2007 season.*

**Recreational Singles Track**

*Many adult skaters are not necessarily interested in competing. They skate for the joy and challenge of it. Plus it's an excellent way to exercise and stay fit! If that sounds like you then the recreational singles track is for you! You will still receive some of the best instruction in the world but this track will be a little less physically demanding. On ice jump and spin technique with additional emphasis on Moves in The Field and stroking exercises in a fun filled and stress free environment!*

**Pairs Teams Track**

*In response to the ever-increasing number of Adult Pairs teams in the United States we have enhanced program. Headed up by 2006 US Olympic team members and US Pairs Silver Medalists Marcy Hinzmann and Aaron Parchem and the 2006 ISU Four Continents Bronze Medalists Liz Putnam and Sean Wirtz we plan, among other things, to give the pairs skaters dedicated pairs sessions where we will work on technique for lifts, spins, jumps, death spirals and throw jump. In addition, to the on ice programs there will be intensive daily off ice lift classes, an off ice unison workshop and much more. The new ISU Judging system, which is being implemented by US Figure Skating for the 2007 season will be discussed at length including on ice and off ice instruction on developing new techniques to maximize your scores We will provide the pairs skaters with information and insights on maximizing your scores.*

## Dance Track

*Five Time US Dance Champions Naomi Lang and Peter Tchernychev once again will be leading our Dance Track. In addition to learning new and interesting free dance moves and specifically designed stroking exercises for ice dancers we will be offering more emphasis on compulsory dances and more dedicated ice time to practice what you are learning more comfortably.*

## Off Ice Training

*Every skater will get the opportunity to work with the Ice House Off Ice Staff. Stretch and Ballet classes are an excellent addition to every skater's skating regimen. Christine DeVito heads up our Off Ice Dance program. She has performed on Broadway in such blockbusters as Cats, Hello Dolly!, The Wizard of Oz as well as the national tour of Beauty and The Beast. Our Strength and Conditioning Coach is Dan Huff. Dan is the Head Strength and Conditioning Coach for the Division One Fairleigh Dickenson University Scarlet Knights. Being in good physical shape is essential not only to preventing injuries but to maximizing your on ice performance and enjoyment.*

## You can't beat our location!

*The Ice House is located only 20 minutes from Manhattan! Out of town skaters will be staying at the GlenPointe Marriott at a special Ice House Adult Camp rate. The GlenPointe is a luxury hotel only 5 minutes from the rink.*

*The greatest aspect of the Camp that we have heard repeated over and over again is the synergy and camaraderie that is fostered by having so many adults who love figure skating in one place at the same time. Skaters come from all over the United States not only to gain valuable information on their skating but also to socialize with other like minded people some of whom they see only once a year at our Camp. The Professional Staff looks forward to working with all of you as well. It's not every day a coach gets to work with so much unbridled enthusiastic and committed skaters. It's a treat for the Staff and it really shows!*

## New This Year!

Pre-book private lessons with selected members of the Ice House Staff.  
Lessons will be available Friday afternoon before the Camp starts.

## Come to the 2006 Adult Training Camp!

FRIDAY:	Check in and Reception	4:00pm-6:00pm
	Private Lessons	2:00pm-6:00pm
SATURDAY:	On Ice and Off Ice Instruction	8:00am-6:00pm
SUNDAY:	On Ice and Off Ice Instruction	8:00am-3:00pm
	Question & Answer Period	3:00pm-4:00pm

## HERE'S WHAT YOU GET...

### COMPETITIVE SINGLES

- \* 4 intensive on ice sessions daily
- \* On ice choreography session
- \* 2 challenging off ice classes
- \* off ice jump class
- \* On ice Adult Field Moves
- \* ISU New Judging System info

### PAIRS TEAMS

- \* 4 intensive on ice sessions daily
- \* On ice stroking session
- \* 2 challenging off ice classes
- \* off ice lift class daily
- \* On ice Adult Field Moves
- \* ISU New Judging System info

### DANCE

- \* 3 on ice sessions daily
- \* On ice edge session
- \* 2 off ice classes
- \* off ice ballroom class
- \* On ice Adult Field Moves

### RECREATIONAL SINGLES

- \* 3 on ice sessions daily
- \* On ice edge session
- \* 2 off ice classes
- \* off ice jump class
- \* On ice Adult Field Moves

**THIS CAMP IS OPEN TO ALL LEVELS AND ABILITIES OVER THE AGE OF 21.  
BEGINNER TO NATIONAL COMPETITORS ARE GROUPED ACCORDING TO ABILITY**



# 2006 ICE HOUSE ADULT CAMP REGISTRATION

*Please Print*

Name of Skater: \_\_\_\_\_ USFSA (ISI)# \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Club: \_\_\_\_\_ Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_

(Circle one)      *Competitive Singles*      *Recreational Singles*      *Pairs*      *Dance*

Highest Test Passed: \_\_\_\_\_ I/we compete at the: \_\_\_\_\_ level.

Most Difficult Jump(s) Landed Consistently: \_\_\_\_\_

Highest Moves Test passed: \_\_\_\_\_

Dance/Pairs: \_\_\_\_\_ Partner name: \_\_\_\_\_  
(Pairs skater MUST Have a partner)

The skater hereby waives all claims for injury and/or damage or loss of property arising from or during the training camp and therefore hold harmless all personnel associated with this training camp, the USFSA, the American Academy Figure Skating Club, the Ice House and Midtown Bridge, LLC.

SIGNATURE OF SKATER	DATE																																				
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**FORM OF PAYMENT**

AMOUNT: \_\_\_\_\_ CHECK: # \_\_\_\_\_

CREDIT CARD: # \_\_\_\_\_ EXP. DATE: \_\_\_\_\_



<b>TOTAL DUE</b>
\$ _____

NAME AS IT APPEARS ON THE CARD: \_\_\_\_\_

- Liability Waiver **MUST** be signed      \* Registration Deadline: Postmarked by June 5, 2006
- No Refunds for **ANY REASON**, including injury or illness after June 5, 2006. Refunds Prior to this day will be considered with a doctor's note.

Mail completed registration form to:      Craig Maurizi, Ice House,  
111 Midtown Bridge Approach      Phone: (201) 487-8444 Ext. 205  
Hackensack, NJ 07601      Fax: (201) 498-1250  
e-mail: [cmaurizi@icehousenj.com](mailto:cmaurizi@icehousenj.com)