

# NORTH JERSEY AVALANCHE SPRING 2024 CLINICS and YOUTH LEAGUE

ALL REGISTRATIONS MUST BE SUBMITTED ONLINE @ <https://www.icehousenj.com/youth-hockey>

## BASIC SKILLS CLINICS WITH ½ ICE GAMES

**10-Sessions**

**\$495**

Basic skills clinics for players who are capable of skating on their own the length of the rink. The main emphasis of the clinic will be skating, stickhandling, and passing. Players will then play a 1/2 ice game the last 20 minutes of each session. Full hockey equipment is required.

Tuesdays	4/23/24 – 6/25/24	6:00 – 7:00 pm	Ages: 10 and under
Thursdays	4/25/24 – 6/27/24	6:00 – 7:00 pm	Ages: 10 and under

## ADVANCED SKILLS CLINICS

(for players with travel hockey experience)

**10-Sessions**

**\$495**

Powerskating & stick skills for the more advanced player with travel hockey experience. The session will begin with 30 minutes of powerskating, followed by 30 minutes of stick skills.

Tuesdays	4/23/24 – 6/25/24	7:15 – 8:15 pm	8U / 10U Players
Thursdays	4/25/24 – 6/27/24	7:15 – 8:15 pm	10U / 12U Players

## SPRING FULL ICE HOUSE LEAGUE

**Ages: 9 and under (Birth Years 2015, 2016, & 2017)**

10 Games / plus 2 evaluation skates **\$495 (goalies \$100)**

3/17 & 3/24 evaluation skate – 9:15-10:15am

Games Sundays Mornings 4/7/24 – 6/16/24

Game times: 8:00-9:00 am or 9:15-10:15 am

**NO GAMES ON 3/31, 5/26**