

# NORTH JERSEY AVALANCHE 2023-2024 SEASON OVERVIEW

# **TIER II TEAMS**

### 8U (2015/2016) 6U (2017/2018)

Tryouts: March 22, 23, 24: start time 500 PM

## 8U AAA (2015/2016) BLIZZARD (AAU Full-Ice Mite)

- Spring one practice per week on Thursday evening. Attend AHF parity Event April 29/30.
- Summer team on ice training sessions will begin mid-august in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
- In-season beginning after Labor Day, two 60 min practices per week on Tuesday and Thursday evenings.
- Approximately 35-45 games.
- Team will play in the AHF full ice league.
- Team will attend AHF Showcases and Tournament events (3 or 4 in total).
- AHF Playoffs (date TBD)
- **8U AAA** Tuition \$3950 (deposit \$1975) Goaltenders \$1000

### 8U A (2015/2016)

- Spring one practice per week on Thursday evening. Attend AHF parity Event April 29/30.
- In-season beginning after Labor Day, two 60 min practices per week on Tuesday and Thursday evenings.
- 8U A teams will play home & away games, approximately 10 half ice games and 20-30 full ice games.
- Team will attend 2 AHF Showcase Tournament events.
- AHF Playoffs (date TBD)
- 8U A Tuition \$3650 (deposit \$1825) Goaltenders \$1000

### 8U B (2015/2016)

- Spring one practice per week on Monday evening.
- In-season beginning after Labor Day, two 60 min practices per week on Tuesday and Thursday evenings
- 8U B teams will play 20 half ice games, at the Ice House on Sunday mornings and 6-8 full ice scrimmage games on Saturday afternoon in the second half of the season.
- **8U B** Tuition \$2800 (deposit \$1400) Goaltenders \$1000

## 6U B (2017/2018) (6U players may compete for roster spots on 8U teams)

- Spring one practice per week on Monday evening.
- In-season beginning after Labor Day, two 60 min practices per week, Tuesday and Thursday evenings
- 6U B teams will play 20 half ice games, at the Ice House on Sunday mornings.
- **6U B** Tuition \$2600 (deposit \$1300) Goaltenders \$1000

### 10U AA, A Blue, A Red (2013 & 2014)

- Tryouts: March 22, 23, 24: start time 615 PM
  - Spring one practice per week on Monday evening. Attend AHF parity Event April 29/30.
  - **Summer** team on ice training sessions will begin mid-august in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
  - In-season beginning after Labor Day, beginning after Labor Day, two 75 min practices per week on Monday and Wednesday evenings.
  - Approximately 40-50 games
  - Teams will compete in the Atlantic Hockey Federation.
  - Teams will attend AHF Showcases and Tournament events (3 or 4 in total).
  - AHF Playoffs (date TBD)
  - Tuition \$4500 (deposit \$2250) Goaltenders \$2250

# 11U AA, 12U AA, A, A Red (2011 & 2012)

- Tryouts: March 22, 23, 24: start time 730 PM
  - **Spring** one practice per week in the spring on Monday or Tuesday evening. Attend AHF parity Event April 29/30.
  - **Summer** team on ice training sessions will begin mid-august in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
  - In-season beginning after Labor Day, beginning after Labor Day, two 75 min practices per week on Monday and Wednesday evenings.
  - Approximately 40-50 games
  - Teams will compete in the Atlantic Hockey Federation.
  - Teams will attend AHF Showcases and Tournament events (3 or 4 in total).
  - AHF Playoffs (date TBD)
  - Tuition \$4550 (deposit \$2275)

### 13U AA (2010)

- Tryouts: April 10, 11, 12: start time 630 PM
  - Spring one practice per week in the spring on Tuesday evening. Attend AHF parity Event April 29/30.
  - **Summer** team on ice training sessions will begin mid-august in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
  - In-season beginning after Labor Day, beginning after Labor Day, two 75 min practices per week on Tuesday and Thursday evenings, with a full ice component each week.
  - Also, in-season, a 60 min skill session on most Wednesdays (15 in total) with Nates Euro Hockey company.
  - Approximately 45-55 games
  - The team will compete in the Atlantic Hockey Federation
  - The team will attend three AHF Showcases and one additional tournament.
  - AHF Playoffs (date TBD)
  - 13U AA Tuition \$5250 (deposit \$2625)

### 14U (2008 & 2009)

Tryouts: April 11, 12, 13: start time 630 PM

# 14U AA

- **Spring** one practice per week in the spring on Monday or Tuesday evening. Attend AHF parity Event April 29/30.
- **Summer** team on ice training sessions will begin mid-august in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
- In-season beginning after Labor Day, beginning before Labor Day, two 75 min practices per week on Tuesday and Thursday evenings, with a full ice component each week.
- Approximately 50-60 games
- The team will compete in the Atlantic Hockey Federation
- The team will attend three AHF Showcases and two additional tournaments.
- AHF Playoffs (date TBD)
- Districts March 4-6
- 14U AA Tuition \$5250 (deposit \$2625)

#### 14U A

- **Spring** one practice per week in the spring on Monday or Tuesday evening. Attend AHF parity Event April 29/30.
- **Summer** team on ice training sessions will begin mid-august in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
- In-season beginning after Labor Day, beginning after Labor Day, two 75 min practices per week on Monday and Wednesday evenings, with a full ice component each week.
- Approximately 45-55 games
- Teams will compete in the Atlantic Hockey Federation.
- Teams will attend AHF Showcases and Tournament events (3 or 4 in total).
- AHF Playoffs (date TBD)
- 14U A Tuition \$4750 (deposit \$2375)

15U\* AA (2008) 16U\* AA, A (2007 & 2008) 18U\* AA, A (2005 & 2006)

\*Short season teams - season concludes by the end of November prior to the start of HS season

- Tryouts: April 10, 11, 12: start time 800 PM
  - Spring Attend AHF parity Event April 29/30.
  - In-season beginning mid-August, two 75 min practices per week on Monday/Wednesday or Tuesday/Thursday evenings, one shared and one full each week, in preparation for the first AHF showcase which will be the weekend of Aug 26/27 or Sept 2/3.
  - Approximately 25-30 games
  - Teams will compete in the Atlantic Hockey Federation.
  - Teams will attend two Atlantic Hockey Federation Showcases.
  - AHF Playoffs (date TBD)
  - Districts (date TBD)
  - Tuition \$2750

### TIER II TUITIONS INCLUDE:

- Home and Away Avalanche game jerseys and socks.
- Practice jerseys and socks.
- All in-season practices are at least 75 minutes in duration.
- On ice goaltending instruction is available in a weekly goalie specific clinic.

- The above listed programs are overviews and are subject to change.
- All players must wear navy helmet & gloves (except goaltenders) and Avalanche pants or shells (available for purchase at the Ice House Pro Shop).
- Professional off ice training and injury rehab additionally available on site through Parabolic Fitness.