



NORTH JERSEY AVALANCHE 2023-2024 SEASON OVERVIEW

TIER I TEAMS

10U AAA (2013 Major/2014 Minor)

- **Tryouts:** March 15, 16, 17: start time 500 PM
- **Spring** - two practices per week in the spring on Thursday evening & Sunday morning
- **In-season** – beginning around Labor Day, two 75 min practices per week on Tuesday and Thursday.
 - Also, in-season, 60 min power skating session w/Nates Euro Hockey Wednesday evening (15 sessions in total).
 - Approximately 45-55 games
- Teams compete in the Atlantic Youth Hockey League.
- Teams will attend 3 or 4 Showcase/Tournament events.
- AYHL Playoffs February 24-26
- Tuition \$5800 player (deposit \$2900) Goaltenders \$2900

12U AAA (2011 Major/2012 Minor)

- **Tryouts:** March 15, 16, 17: start time 630 PM
- **Spring** - two practices per week in the spring on Wednesday evening & Sunday morning
- **In-season** – beginning around Labor Day, two 75 min practices per week on Tuesday and Thursday.
 - Also, in-season, 60 min power skating session w/Nates Euro Hockey Wednesday evening (15 sessions in total).
 - Approximately 45-55 game schedule
- Teams compete in the Atlantic Youth Hockey League.
- Teams will attend 4 Showcase/Tournament events.
- AYHL Playoffs February 24-26
- Tuition \$6200 (deposit \$3100)

14U AAA (2009 Major/2010 Minor)

- **Tryouts:** April 4, 5, 6: start time 500 PM
- **Spring** – one practice per week in the spring on Wednesday evening.
- **Summer** - Weekly summer training sessions for 14U AAA Major.
- **In-season** – beginning around mid-August, two 75 min full ice practices per week on Tuesday and Thursday.
 - Also, in-season, a 75 min team practice most Saturday mornings for 14U AAA Minor.
 - Approximately 50-60 games
- Teams compete in the Atlantic Youth Hockey League.
- Teams will attend 4 or 5 Showcase/Tournament events.
- AYHL Playoffs February 24-26
- Districts March 2-4.
- Tuition \$6950 (deposit \$3475)

15U AAA PREMIER (2008) / 16U AAA PREMIER (2007)

- **Tryouts:** April 4, 5, 6: start time 630 PM
- **In-season** – beginning mid-August, team training camp.
- Teams will practice Tuesday and Thursday in-season with special skill sessions on Wednesdays.
 - Approximately 55-65 games
- Teams compete in the Atlantic Youth Hockey League.
- Teams will attend 6 or 7 Showcase/Tournament exposure events against the country's top teams.
- AYHL Playoffs February 24-26.
- Districts March 2-4.
- Tuition \$9450 (deposit \$4725)

18U AAA PREMIER (2005 & 2006)

- **Tryouts:** April 4, 5, 6: start time 800 PM
- **In-season** – beginning mid-August, team training camp.
- Team will practice Tuesday, Wednesday, and Thursday full ice through Thanksgiving. Then, Tuesday and Thursday evenings full ice after Thanksgiving.
 - Approximately 55-65 games
- Team competes in the Atlantic Youth Hockey League.
- Team will attend 6 or 7 Showcase/Tournament type events against the country's top teams.
- AYHL Playoffs February 24-26.
- Districts March 2-4.
- Tuition \$9450 (deposit \$4725)

16U AAA ELITE (2007 & 2008) / 18U AAA ELITE (2005 & 2006)

- **Tryouts:** April 4, 5, 6: start time 630 PM (16U), 800 PM (18U)
- **In-season** – team mini-camp beginning in mid-August.
- Team will practice Tuesday and Thursday full ice, through Thanksgiving. Then, Tuesday and Wednesday evening shared ice after Thanksgiving.
 - Approximately 45-55 games
- Teams compete in the Atlantic Youth Hockey League.
- Teams will attend 3 or 4 Showcase/Tournament type events.
- AYHL Playoffs February 24-26
- Tuition \$6100 (deposit \$3050)

AAA TUITIONS INCLUDE:

- Home and Away Avalanche game jerseys and socks.
- Practice jerseys and socks.
- On ice goaltending instruction in practice and through a weekly goalie specific clinic.
- Team swag for 14U Major, 15P, 16U Premier, 18U Premier, 16U Elite, 18U Elite.
- Pro-style full season dedicated locker rooms for 15P, 16U Premier, 18U Premier.
- Nates power skating third practice for 10U and 12U levels.

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- ❖ *The above listed programs are overviews and are subject to change.*
 - ❖ *All players must wear navy helmet & gloves (except goaltenders) and Avalanche pants or shells (available for purchase at the Ice House Pro Shop).*
 - ❖ *Professional off ice training and injury rehab additionally available on site through Parabolic Fitness.*