



NORTH JERSEY AVALANCHE 2024-2025 SEASON OVERVIEW

TIER I TEAMS

10U AAA (2014 Major / 2015 Minor)

- **Tryouts:** March 18, 19, 20: start time 500 PM
- **Spring** - two practices per week in the spring on Thursday evening & Sunday morning
- **In-season** – beginning around Labor Day, two 75 min practices per week on Tuesday and Thursday, with a full ice component each week
 - Also, in-season, 60 min power skating session w/Nates Euro Hockey Wednesday evening (15 sessions in total)
 - Approximately 45-55 games
- Teams compete in the Atlantic Youth Hockey League
- Teams will attend 3 or 4 Showcase/Tournament events
- AYHL Playoffs (dates TBA)
- Player Tuition \$6400 (\$3200 Deposit due when signing player contract/Remaining balance due by Aug 1, 2024)
- Goaltender Tuition \$3200 (payment in full when signing player contract)

12U AAA (2012 Major / 2013 Minor)

- **Tryouts:** March 18, 19, 20: start time 630 PM
- **Spring** - two practices per week in the spring on Wednesday evening & Sunday morning
- **In-season** – beginning around Labor Day, two 75 min practices per week on Tuesday and Thursday, with a full ice component each week
 - Also, in-season, 60 min power skating session w/Nates Euro Hockey Wednesday evening (15 sessions in total)
 - Approximately 45-55 game schedule
- Teams compete in the Atlantic Youth Hockey League
- Teams will attend 4 Showcase/Tournament events
- AYHL Playoffs (dates TBA)
- Tuition \$6700 (\$3350 Deposit due when signing player contract/Remaining balance due by Aug 1, 2024)

14U AAA Major (2010) / 13O AAA (2011)

- **Tryouts:** April 9, 10, 11: start time 500 PM
- **Spring** – one practice per week in the spring on Wednesday evening
- **In-season** – beginning around mid-August, two 75 min practices per week on Tuesday and Thursday, at least 1 practice per week will be full ice
 - 14U AAA Major – in season, a 75 min team practice some Saturday mornings
 - 13O AAA – in season, 60 min power skating session w/Nates Euro Hockey Wednesday evening (15 sessions in total)
 - Approximately 50-60 games
- Teams compete in the Atlantic Youth Hockey League
- Teams will attend 4 or 5 Showcase/Tournament events
- AYHL Playoffs (dates TBA)
- Districts
- Tuition \$8000 (\$4000 Deposit due when signing player contract/Remaining balance due by Aug 1, 2024)

150 AAA PREMIER (2009) / 16U AAA PREMIER (2008)

- **Tryouts:** April 9, 10, 11: start time 630 PM
- **In-season** – beginning mid-August, team training camp
- Teams will practice Tuesday and Thursday in-season with special skill sessions on Wednesdays
 - Approximately 55-65 games
- Teams compete in the Atlantic Youth Hockey League
- Teams will attend 6 or 7 Showcase/Tournament exposure events against the country's top teams
- AYHL Playoffs (dates TBA)
- Districts
- Tuition \$9950 (\$4975 Deposit due when signing player contract/Remaining balance due by Aug 1, 2024)

18U AAA PREMIER (2006 & 2007)

- **Tryouts:** April 9, 10, 11: start time 800 PM
- **In-season** – beginning mid-August, team training camp
- Team will practice Tuesday, Wednesday, and Thursday full ice through Thanksgiving. Then, Tuesday and Thursday evenings full ice after Thanksgiving
 - Approximately 55-65 games
- Team competes in the Atlantic Youth Hockey League
- Team will attend 6 or 7 Showcase/Tournament type events against the country's top teams.
- AYHL Playoffs (dates TBA)
- Districts
- Tuition \$9950 (\$4975 Deposit due when signing player contract/Remaining balance due by Aug 1, 2024)

16U AAA ELITE (2008 & 2009) / 18U AAA ELITE (2006 & 2007)

- **Tryouts:** April 9, 10, 11: start time 630 PM (16U), 800 PM (18U)
- **In-season** – team mini-camp beginning in mid-August
- Team will practice Tuesday and Thursday full ice, through Thanksgiving. Then, Tuesday and Wednesday evening shared ice after Thanksgiving
 - Approximately 45-55 games
- Teams compete in the Atlantic Youth Hockey League
- Teams will attend 3 or 4 Showcase/Tournament type events
- AYHL Playoffs (dates TBA)
- Tuition \$6600 (\$3300 Deposit due when signing player contract/Remaining balance due by Aug 1, 2024)

AAA TUITIONS INCLUDE:

- Home and Away Avalanche game jerseys and socks
- Practice jerseys and socks
- On ice goaltending instruction in practice and through a weekly goalie specific clinic
- Nates power skating third practice for 10U AAA, 12U AAA, 13O AAA
- Team Apparel for 13O AAA, 14U AAA Major, 15O Premier, 16U Premier, 18U Premier, 16U Elite, 18U Elite
- Pro-style full season dedicated locker rooms for 15O Premier, 16U Premier, 18U Premier

❖ *All players must wear navy helmet & gloves (except goaltenders) and Avalanche pants or shells (available for purchase at the Ice House Pro Shop)*

❖ *Professional off ice training and injury rehab additionally available on site through Parabolic Fitness*

❖ *The above listed programs are overviews and are subject to change*